

The Adverse Effects & Therapeutic Potential of Psychedelic Medicines

A Guide to the Risks and Rewards of Using Psychedelics in Therapy

DR. RICHARD LOUIS MILLER · PARK STREET PRESS · ON SALE MAY 5, 2026



ADVANCE PRAISE

"Dr. Richard Louis Miller is a true elder and wisdom keeper of the psychedelic community, and his credentials come honestly, through hard-won experience. In this book, he continues his role as an educator by sharing his knowledge of both the perils and the promise of psychedelic substances. The reader will find valuable advice on how to avoid pitfalls while realizing the maximum benefits from the thoughtful and safe use of these remarkable medicines."

DENNIS J. MCKENNA, PhD — Director and Founder of McKenna Academy of Natural Philosophy; author of *The Brotherhood of the Screaming Abyss*

"I am pleased to recommend this book, which is the latest in Richard's series on psychedelic medicines. Putting forth the adverse effects of these substances in readable form contributes to their understanding and separates psychedelic scientists from those who would cover over, or even hide, negative effects of pharmaceuticals."

ROBIN CARHART-HARRIS, PhD — Ralph Metzner Distinguished Professor of Neurology, Psychiatry and Behavioral Sciences, University of California San Francisco

"Comprehensive, well-researched, and balanced — a valuable cache of current knowledge for anyone who seeks to comprehend the psychedelic frontier."

WILLIAM A. RICHARDS, PhD — author of *Sacred Knowledge*

ABOUT THE AUTHOR

Dr. Richard Louis Miller

Dr. Richard Louis Miller has been a California-licensed clinical psychologist for over sixty-five years. At eighty-seven, he continues to see patients, write books, and host the weekly Mind Body Health & Politics podcast, now in its twentieth year.

He founded the Cokenders Alcohol and Drug Program, which detoxified more than 1,500 individuals without medication and achieved an 86 percent two-year success rate. He created and directed the Health Sanctuary at Wilbur Hot Springs in Northern California for forty-eight years. He has served as consultant to the President's Commission on Mental Health, the U.S. Department of Justice, and the California State Assembly, and as Senior Advisor to the Alexander Shulgin Research Institute. His work has been featured in Time, Newsweek, U.S. News, NBC News, and CBS News.

The Adverse Effects and Therapeutic Potential of Psychedelic Medicines is Dr. Miller's third book on psychedelic medicine, following Psychedelic Medicine (2017) and Psychedelic Wisdom (2022). Across Instagram, TikTok, Facebook, YouTube, and his Substack, he reaches a combined audience of more than 300,000 followers; his short-form videos have been viewed millions of times.

CREDENTIALS

- California Licensed Clinical Psychologist — 65 years of practice
- M.A. and Ph.D. in Psychology, University of California
- Author of 7 books on psychology and psychedelic medicine
- Host, Mind Body Health & Politics (20 years)
- Founder, Cokenders Alcohol and Drug Program (86% success rate)
- Founder, Health Sanctuary at Wilbur Hot Springs (48 years)
- Faculty, University of Michigan and Stanford University
- Senior Advisor, Alexander Shulgin Research Institute
- Consultant — President's Commission on Mental Health, U.S. Department of Justice, California State Assembly
- Featured in Time, Newsweek, U.S. News, NBC News, CBS News

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